

PARK LANE CARTMEL

— DAY SPA & BEAUTY SALON —

WELCOME TO PARK LANE CARTMEL DAY SPA & BEAUTY SALON

A Place where you can completely unwind & relax.
Enjoy the calming atmosphere of our beautiful 17th Century barn.

Park Lane Cartmel offers a wide range of services so take your time to choose what's right for you, our expert therapists are always on hand to offer advice.

All of our staff are highly trained and experienced to provide you with a first class luxury service.

We welcome groups, visitors & locals to enjoy our day spa treatments and we look forward to welcoming you.

TRADITIONAL WAXING

Lip or Chin	£10
Lip & Chin	£15
Full Face	£25
(Including Eyebrows)	
Nasal	£10
Underarm	£15
Full leg	£30
Half leg	£25
Back top of leg	£15
Forearms	£25
Full Back	£30
Tummy	£15

INTIMATE WAXING

WAXU is the next generation in intimate waxing. Luxurious, long lasting and comfortable, it's professional intimate waxing as you have never experienced before.

Bikini £20

A classic wax, removing all visible hair when wearing bikini-style knickers.

High Bikini £25

A wax and shape of the bikini line to ensure no hair is visible when wearing high-leg knickers.

Brazilian/Hollywood £40

All hair removed from the front and back and everything in between, leaving an ever-so-feminine silky soft finish.



THREADING

A thin cotton thread is doubled, and twisted. It is then rolled over areas of unwanted hair, plucking the hair at the follicle level. Unlike tweezing, where single hairs are pulled out one at a time, threading can remove entire short rows of hairs.

Lip	£10
Chin	£10
Lip & Chin	£15
Eyebrows	£14

LASH & BROW TREATMENTS

Brow Shape	£14
Brow Tint	£14
Brow Shape and Tint	£24
Lash Tint	£20
Lash and Brow Tint	£28

Semi Permanent Eye Lash Extensions Classic £85

120 minutes. Individual lashes are applied to the natural lash to give a fuller and longer looking effect. Infills required every 2 weeks.

Hybrid Eye Lash Extension £85

120 minutes. A mixture of individual and cluster lashes applied to the natural lash to give a thicker, fuller effect with a darkened lash line. Infills required every 10-14 days.

Lash Infills 60 minutes £45

Lash Removal £12

Lash lift and tint £45

Perfect for those not wanting lashes applied, a 'lash lift' curls the natural lash and includes a tint to give the appearance of a longer, darker naturally curled lash.

All tinting, lifting and extensions require a patch test at least 48 hours prior to treatment.

NAIL BAR

Deluxe OPI Pro Spa Manicure £45

Full hand sanitization and exfoliation followed by a hand and arm massage, lashings of clay masque and soothing heated mitts. Removal of excess cuticle finished with a perfect file, shape and choice of OPI Polish

Gelish Gel Polish finish	£50
To include Gel Removal	£60

Express manicure £24

Full hand sanitization, removal of excess cuticle, file, shape, and finished with a choice of OPI Polish

<u>Gelish Gel Polish finish</u>	<u>£27</u>
<u>Gel Polish Finish including removal</u>	<u>£32</u>

Gelish Soft Gel Nail Enhancements

The fastest most professional nail enhancement ever made. The speed of applying pre-shaped full coverage Soft Gel Tips can't be beaten, combined with light-speed curing of Gelish Gel. Soft Gel Tips feel like your own nails... only better! Our tips are designed to move with the contour of the natural nail for a perfect fitting, stronger and more break-resistant design.

Full Set	£50
Removal plus full set	£55

Gel/Biab removals

Removal and nourish	£18
Removal, file, cuticle work, strengthening polish	£24

BIAB (Builder Gel) Express Manicure

with a gel colour of choice	£37
include removal	£42

BIAB is a fantastic strengthening product giving 2-3 weeks wear before a new set is required.



OPI PRO SPA PEDICURES

Pedicure

The quick fix for your feet. Includes a hot soak, hard skin removal, cuticle removal, nail trim and shape, finished with a rich foot cream and the colour polish of your choice.

OPI Nail Polish Finish	£40
Gelish Gel Polish Finish	£40
To include Gel Removal	£45

OPI deluxe Pro Spa pedicure

The ultimate indulgence for your feet! Starting with a hot soak in a bowl full of essential oils and salts. Callus softening balm followed by a foot rasp to remove all hard skin, and a smoothing scrub for the feet and lower legs. Cuticle removal, toenail trim and shape. Lashings of moisture-rich whip massaged into your feet and legs followed by a luxurious clay mask and straight into heated boots.

Finished with an OPI polish	£50
Gelish Gel Polish	£50
To include Gel Removal	£55

Gel Toes

£30

Gelish Gel polish application to the toes, includes sanitization, cuticle removal and nail file

To also include gel removal	£35
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O·P·I
PRO SPA
SKIN CARE
HANDS & FEET

MASSAGE & RELAXATION TREATMENTS

Swedish Massage

These massages are designed to help you unwind. Our therapists will tailor the treatment to suit your specific needs, whether it is a gentle soothing massage or a deep tissue massage to relax tired muscles.

Back Neck & Shoulder Massage - 30 min	£35
Back Neck Shoulder & Back of Legs - 40 min	£48
Full Body - 60 min	£70

Warm Stone Massage

Begin the journey with a stimulating body-brushing ritual followed by a soothing, stretching and detoxifying stone therapy. Release tension and target trigger-points to dissolve stress.

Back Neck & Shoulder Massage - 30 min	£40
Back Neck Shoulder & Back of Legs - 40 min	£50
Full Body - 65 min	£75

Warm Oil Cartmel Candle Massage

Using our very own bespoke blended massage candles allow yourself to unwind and relax with the scent and blend of warm oils chosen especially for you. Candles also available for purchase to continue use at home.

Back Neck & Shoulder Massage - 30 min	£40
Back Neck & Shoulder & Back of legs - 40 min	£50
Full Body - 65 min	£75

Indian Head Massage - 35 minutes £50

Indian Head Massage is a holistic treatment, ideal for those suffering from stress related tension-headaches, eyestrain, and tense shoulders. This massage is an invigorating, relaxing, and stimulating experience! It increases the circulation of the scalp, which in turn nourishes the hair follicles, thereby encouraging healthy hair growth.

DERMALOGICA SKIN TREATMENTS

Pro Skin 60 - 60 minutes **£75**

The ideal choice for those wanting a comprehensive experience to address all skin concerns and achieve a healthy glowing skin. A traditional facial customised with advanced products, techniques and technology in a soothing environment made for relaxation. All treatments are bespoke and designed for your skin's needs. Includes cleansing, exfoliating, facial massage, serum, masque and extraction if required.

Pro Skin 30 - 30 minutes **£40**

Looking for a high impact treatment?

Our intensive 30-minute treatment is specifically designed for you and your most pressing skin concern. Targeting your key skin concerns for maximum impact in minimum time. Experience brighter, healthier skin.

Dermalogica Clear Start Teen Facial - 30 minutes **£40**

Created by the skin health experts at Dermalogica, Clear Start is a system of powerful technology-driven formulas that deliver fast acting, multitasking results for breakout-prone young skins. This is a customised facial, using Dermalogica's Clear Start range. Specially designed for younger skins.

Your skincare therapist will also help create a skincare plan for you to follow at home, ensuring the best, clear results for your skin.

Add on Dermalogica Touch Therapy - 15 minutes **£20**

Do you want more? You can customize your Dermalogica Skin

Treatment with your choice of Touch Therapy: 15 minutes where you need it most. This could include: a customized face massage, stress relief neck and shoulder massage, stress relief back massage, or a soothing scalp massage.

dermalogica PRO

ADVANCED TREATMENTS

Pro Power Peel 60 - 60 minutes **£95**

Looking for a professional peel? Our all-new Pro Power Peel redefines the peel experience. Our strongest and fastest peel yet, the Pro Power Peel collection features a full suite of peel products, including Alpha Hydroxy Acids (AHAs) and Beta Hydroxy Acids (BHAs). Your skin therapist will create a customised peel to instantly rejuvenate and refresh your skin. With a unique system of three different acids for a deep exfoliation personalised to you, it is ideal to target lines and wrinkles, uneven pigmentation or breakouts. Peel results are dramatically enhanced by a supplementary deep treatment process, incorporating powerful IonActive Serum, a customised masque, LED light therapy and relaxing massage to ensure your skin is left clear, smooth and glowing. You've never had a peel treatment like this before.

PRO Microneedling **£150**

Microneedling activates the skins repair process and collagen production. This minimally invasive treatment uses the most advanced techniques and is elevated with a chemical peel to target dark spots wrinkles and pores. Combined with Pro Restore, our recovery and firming concentrate that is designed to prepare the skins barrier, restores its condition, decrease downtime, and amplify your microneedling results.

Course of treatment giving long-lasting results

Course of 3 £400

Course of 6 £750

PRO Nannoneedling - 60 minutes **£110**

Want visibly smoother skin texture with zero downtime? Resurfacing actives and professional serums are infused into the skin with a unique device, which uses tiny cones to maximise product penetration.

Pro Power Eye Peel Add on treatment **£25**

Bright eyes in a flash! A powerful peel treatment that helps tone, smooth and brighten the eye contour through intense stimulation and infusion of botanical actives via bamboo eye pads. This treatment is an add-on only treatment, it cannot be booked alone.

Add to any of the Dermalogica Pro treatments.

TARGETED CONCERN TREATMENTS

Pro Clear **£80**

Your journey towards clear skin starts here. Pore softening techniques, extractions and anti-bacterial, microbiome-balancing actives work together to clear and calm congested breakout-prone skin.

Pro Bright **£80**

Fade dark spots and reveal brighter skin. This high-intensity treatment combines a brightening peel with an electric infusion of professional-grade Vitamin C, Niacinamide and Hexylresorcinol - addressing all pigmentation concerns.

Pro Calm **£80**

Soothe and strengthen sensitive skin. Soothing botanical actives provide relief while lymphatic drainage and pressure point massage help calm a stressed nervous system. This targeted treatment helps hydrate, balance and restore the skin barrier for reduced sensitivity and calmer skin.

Pro Firm **£80**

A comprehensive facial workout, including the neck. Includes a firming and toning facia massage or Gua Sha touch therapy to revive the skin. Firming techniques are combined with retexturing and replenishing actives for visibly tighter skin.

PACKAGES

The Notting Hill - 80 minutes **£95pp**

Dermalogica Pro Skin 60

Swedish Back, Neck & Shoulder Massage

The Mayfair - 160 minutes **£165pp**

OPI Deluxe pedicure

Dermalogica Pro Skin 60

Warm Stone Back, Neck Shoulder & Back of Legs Massage

The Park Lane - 240 minutes **£230pp**

Full Body Warm Stone Massage

Dermalogica Pro Skin 60

OPI Pro Spa Manicure

OPI Pro Spa Deluxe Pedicure

WEDDING PACKAGES

Bridal Make-Up is very individual; we love to help our brides to be themselves. Your bridal make-up needs to show your natural beauty and look completely timeless in the cherished photographs, as well as lasting through the emotions of your big day.

We love weddings here at Park Lane Carmel. With the beautiful Priory a stone's throw from the Salon brides and their bridal party are a staple part of our weekends.

We tailor our wedding packages to suit exactly what you want or need. Whether you would like to pamper yourself in the run-up to the wedding, or just enjoy our make-up service on the big day, do not hesitate to get in touch.

Bridal Make-Up including a trial	£150
Bridal Party Make-Up	£45
Evening Make-Up	£45

Travel on the Day of the wedding is at an additional cost.

AESTHETICS

Sarah is an experienced Dental nurse of 24 years who has a special interest and immense knowledge in facial aesthetics offering clinics all over the North West. We are lucky to have her as part of the team offering aesthetics treatments at Park Lane.

Sarah offers a wide variety of treatments to smooth out wrinkles, add or replace lost facial volume in a subtle and elegant way, enhancing natural beauty, and re-establishing a beautiful, youthful glow. Sarah is fully trained; she is currently working towards her level 7 in Aesthetic Practice to ensure she can continue to offer the most up to-date treatments and techniques in this ever-evolving industry.

In depth consultations are carried out for each procedure, and if you're not quite sure how to achieve your aesthetic goals, detailed treatment recommendations are provided to guide you to your perfect results. Full aftercare and advice is provided as standard.

Botulin Toxin treatments

Wrinkle smoothing injections

1 area	£230
2 areas	£250
3 areas	£270

Muscle relaxing injections to treat:

Bunny Lines	£120
Under eye jelly rolls	£120
Eyebrow lift	£120
Gummy smile correction	£160
Chin dimple correction	£160
Downward smile correction	£160
Jaw slimming/teeth grinding	£350
Nose tip lift	£120
Lip Flip	£120
Excessive sweating	£400

Dermal Fillers

Signature lips 1.1ml from £170

Create your perfect lips using Juvaderm or Revolax both are reliable and safe fillers.

Cheek augmentation from £250

Return lost volume and support for your facial tissue enhancing your facial profile and ensuring a youthful appearance.

Jaw line enhancement from £250

achieve definition and reduce the appearance of jowls.

Chin filler **from £250**

Enhance your chin and achieve a natural profile.

Marionette lines and nasolabial folds **from £170 per area**

Smooth out those ageing lines and return lost volume to achieve a youthful glow.

Tear trough **£350**

Rejuvenate tired, hollow looking eyes.

Facial Profiling Packages are available following full consultation and treatment planning.

Skin Boosters

Profhilo: Skin boosting therapy **£280 per session**

Recommended 2 sessions. Remodels ageing and sagging skin with a high concentration of hyaluronic acid.

Seventy Hyal 2000: skin boosting therapy **£190 per session**

Recommended 3 sessions. Super hydrate your skin from the inside out. The results are incredible.

Sunekos Injection Therapy **£190**

Treats baggy or sagging skin.

Blemish removal **from £50**

Using diathermy, treats facial-red-veins, skin tags and spider veins.

Vitamin B12 injection **£35**

Treat a number of symptoms from fatigue, brain fog to mouth ulcers and headaches.

Aqualyx starts **from £150 per session**

Aqualyx fat dissolving injections work by liquidating fat cells and destroying them permanently. The broken-down cells are eliminated naturally through your lymphatic system. This is an excellent treatment for those small stubborn pockets of fat that no amount of exercise will move. Best results from Aqualyx are seen following 2 - 3 treatments at 4 weekly intervals depending which area are being treat.

Lemon bottle **starts at £120 per session**

Lemon Bottle a natural fat dissolver is new on the market and is taking the industry by storm! it works much like Aqualyx and is proving to achieve great results with minimal downtime it is recommended to have repeated treatments every 7 days usually 2 - 3 depending which area is treated.

OPENING HOURS

Monday	Closed
Tuesday	9.00 to 8.00
Wednesday	9.00 to 8.00
Thursday	9.00 to 7.00
Friday	9.00 to 6.00
Saturday	9.00 to 5.00
Sunday	Closed

Sundays can be arranged for large group booking and Pamper Packages.

GIFT VOUCHERS

We offer gift vouchers for sale which can be tailored to your requirements, chose from the range of treatments or... let the recipient decide.

Buy a loved one something they will really love. Our beautifully presented vouchers come ready packaged for you to gift someone special. Park Lane gift vouchers can be bought in person or ordered over the phone and sent out in the mail.

Clients wishing to change or a cancel an appointment are kindly asked to provide us with 24 hours notice.

Please ensure you arrive 15 minutes in advance of your appointment to ensure you have time for a beverage and time to relax whilst your therapists discuss your current beauty needs.

We look forward to welcoming you soon.

CONTACT US

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